



What Every Parent Should Know About Vaping

Vaping's rapid rise in popularity among youth in Arizona is causing alarm. What is vaping? Vaping is the term used when youth use a battery powered e-cigarette that produces an aerosol (vapor) instead of smoke.

For youth, JUUL is the e-cigarette most used. Juul, which looks like a USB flash drive, comes in a variety of youth-appealing flavors and contains a strong dose of nicotine (the amount of nicotine in one JUUL cartridge is roughly equal to a pack of cigarettes).

1 out of 5 youth surveyed say they have seen someone use a Juul in school.

The survey follows another study that reveals while many young people are aware of JUUL, many are unaware that JUUL flavor pods always contain the addictive chemical nicotine, which is harmful to brain development. The study, published in Tobacco Control, reports that 63 percent of young JUUL users between 15 and 24 years old did not know that the product always contains nicotine. It also reported that many young users refer to use of the product as "JUULing," indicating that JUUL is so distinctive, it is perceived as its own category.

While many young "vapers" say they inhale flavored liquids like Gummy Bear, German Chocolate Cake and Cotton Candy, youth can vaporize marijuana – either the ground plant itself or waxes often referred to as dabs, or THC and CBD oils.



NEARLY
1 in 5
STUDENTS BETWEEN
12 AND 17 YEARS OLD
HAVE SEEN JUUL
USED IN SCHOOL.

truth initiative
INSPIRING TOBACCO-FREE LIVES

truthinitiative.org

According to a study published by the American Academy of Pediatrics, e-cigarette use may lead to marijuana initiation. The authors hypothesize that e-cigarette use may be a marker of risk-taking behaviors, and that e-cigarette users are more likely to smoke cigarettes and drink alcohol, which are associated with marijuana use. There is also the concern that vaping nicotine, which is in Juuls and many other vaping devices, may pave the way to other substance use problems in the developing adolescent brain. Aggressive marketing and talk about marijuana legalization may also contribute to increased curiosity about marijuana while at the same time reduce its perceived harm.

2018-2019 FHHS Parents

Receive \$20 cash when you renew your Safe Homes Network pledge or take the pledge for the first time!

Join or renew a free Safe Homes Network membership by August 31st and receive:

\$20 Cash

Click Here to take/renew the pledge!

Go to www.FHCoalition.org to sign up. Funds generously donated by Verne C. Johnson Family Foundation

*One per household

If you have a child registering for high school this year (2018-2019), you can receive \$20 just for renewing or taking the Safe Homes Network pledge before August 31st.

Click [HERE](#) or on the coupon to take/renew your Safe Homes Network pledge. And don't forget to tell your friends!

*One per household please. To be mailed to the home address provided on pledge form. Please allow 45 days.

**Funds generously donated by the Verne C. Johnson Family Foundation.

SAVE THE DATE!



Join us for the Back 2 School Bash August 24th
at Four Peaks Park 5-8:30PM

A free night of fun for kids of all ages! Along with the water slides, bounce houses, carnival games, MCSO K-9 Patrol, festivities include a DJ rockin' some awesome tunes, food trucks and much more. Start the school year enjoying a great community event sponsored by the Town of Fountain Hills, Community Services and the FH Coalition.

Don't forget to stop by our table for some great give-aways!



THANK YOU!

Thank you! to the Town of Fountain Hills Community Services and Recreation Department for offering some great youth and teen programs this summer. For more information click [HERE](#).

